

Spending and Sharing

4- Minute Habits and Attitudes Quiz

For each statement, mark the column that you feel applies to you. You do not have to share your answers with anyone.

Move quickly through the statements; try not to second guess. Each column can be chosen more than once.

Try to finish in 4 minutes or less.

That's Me	That's Not Me	That's Sometimes Me
------------------	----------------------	----------------------------

1	a. I think most other people can manage money better than I can.	_____	_____	_____
	b. I do not care if something is the newest, the best or has a name brand. As long as it meets my needs, I will buy it.	_____	_____	_____
	c. I give money to help others or to support charitable organizations.	_____	_____	_____
	d. I always save or invest a set amount of money each month.	_____	_____	_____
	e. When someone does something nice for me I feel I "owe" him or her.	_____	_____	_____
	f. Sometimes I regret the way I have spent my money or the risks I've taken.	_____	_____	_____
2	a. I believe things will work out so I don't worry about money or saving for the future.	_____	_____	_____
	b. I consciously spend my money on things that are important to me.	_____	_____	_____
	c. I'd rather give money to help others than to spend it on things I don't really need.	_____	_____	_____
	d. I want to be able to get to my money right away, so I like it to be very accessible.	_____	_____	_____
	e. I feel I should pay the check when I eat out with others.	_____	_____	_____
	f. I hate to wait for things, so if there is something I want I usually just buy it.	_____	_____	_____
3	a. I would like someone else to pay the bills and make the money decisions.	_____	_____	_____
	b. I usually buy only what is on my list.	_____	_____	_____
	c. I try to limit my possessions and expenses to things which are functional and necessary.	_____	_____	_____
	d. I rarely buy anything unless I can pay it off right away.	_____	_____	_____
	e. I like to give gifts that come from a special store, have a name brand or look expensive.	_____	_____	_____
	f. If I received money as a holiday gift, I would think of it as "extra" money that could be splurged or spent any way I pleased.	_____	_____	_____
4	a. I do not keep track of my money and usually don't know how much I have at any time.	_____	_____	_____
	b. I am very clear about the difference between what I need and what I want.	_____	_____	_____
	c. I live modestly and think others should do the same.	_____	_____	_____
	d. I almost always go out of my way to spend less even if it is inconvenient and I actually save very little money.	_____	_____	_____
	e. I will pay more for an item with a name that others will recognize.	_____	_____	_____
	f. I cannot imagine going shopping and not buying anything.	_____	_____	_____

(continue on to next page)			
		That's	That's
	That's Me	Not Me	Sometimes
			Me
5 a. Since life is full of surprises I like to be able to respond in the moment and not be limited by long-term commitments.	_____	_____	_____
b. I determine an affordable amount of money to give to my favorite charities.	_____	_____	_____
c. If I had a lot of money my first priority would be to use it to help others.	_____	_____	_____
d. Even if I can afford it, I will not spend my money on things that will make my life easier.	_____	_____	_____
e. It seems like most people I know are better off than I am.	_____	_____	_____
f. I'll take out a loan or ask friends to help me to pay off credit card debt if it gets too high.			
Totals: For the "That's Me" column, count how many of each answer you marked. (Maximum is 5 per row.)			
	a. _____		
	b. _____		
	c. _____		
	d. _____		
	e. _____		
	f. _____		
(c) 2013, Holly P. Donaldson. Adapted from <u>Money Habitudes</u> , by Syble Solomon.			